

Therapeutic Listening

Therapeutic Listening is an expansion of Sensory Integration. It is an auditory intervention that uses the organized sound patterns inherent in music to impact all levels of the nervous system. Auditory information from Therapeutic Listening CDs provides direct input to both the vestibular and auditory portions of the vestibular-cochlear continuum. The emphasis of Therapeutic Listening is on blending sound intervention strategies with vestibulo-proprioceptive, core development, and breath activities so as to sustain grounding and centering of the body and mind in space and time. Providing these postural, movement, and respiratory activities as part of the Therapeutic Listening program is critical.

Therapeutic Listening utilizes numerous modified CDs that vary in musical style, types of filtering, and level of complexity. The music on Therapeutic Listening CDs is electronically altered to elicit the orienting response which sets up the body for sustained attention and active listening.

At Chrysalis Center for Change, Therapeutic Listening compliments instructional and other methods. An advantage of Therapeutic Listening is the ease of setting up a home listening program, saving parents money and reserving clinical time for instructional methods.



Visit <http://vitallinks.net/net> for additional information about Therapeutic Listening



chrysaliscenterforchange.com

800 West Lake Mary Blvd. Sanford, FL 32772 ~ 321-422-4171